

## 2013 Section 8A Subsection 30 - East Grand Forks Senior High - 5/23/2013

Dilworth-Glyndon-Felton 133, East Grand Forks 117.5, Park Christian 104, Crookston 100, Norman County 82, Hawley/Ulen-Hitterdal 60.5, Fertile-Beltrami 56, Lake Park-Audubon 28, Fisher/EGF Sacred Heart/Climax 14.

### 110 Meter Hurdles

1 Moberg, Matt 11 Pk Chr 16.54  
2 Teeples, Philip 11 H/U-H 16.73  
3 Tollefson, Michael 11 D-G-F 16.87  
4 Deng, Patrick 9 Crkstn 17.67  
5 Liebl, Solly Fer-B 17.96  
6 Jacobson, Seth 11 D-G-F 19.21  
7 Bittner, Ryan 12 Crkstn 19.27  
8 Schnathorst, Adam 9 EGF 19.36

### 100 Meter Dash

1 Brown, Ryan 12 EGF 11.76  
2 Brekken, Blake 12 Crkstn 11.89  
3 Lutz, Adam 12 Pk Chr 11.93  
4 Reiswig, Simeon 12 Pk Chr 12.04  
5 Regorrah, Josh 12 EGF 12.18  
6 Haglund, Tory 10 LP-A 12.20  
7 Brainard, Jacob 12 NormC 12.25  
8 Anderson, Jesse Fer-B 12.35

### 1600 Meter Run

1 Geist, Andreas 12 Crkstn 4:51.54  
2 Kvalvog, Zach 9 Pk Chr 4:52.50  
3 Olson, Dylan 10 H/U-H 4:52.61  
4 Leach, Ryan 11 D-G-F 4:54.95  
5 Anderson, Sam 9 H/U-H 5:05.01  
6 Militzer, Josiah 10 Pk Chr 5:08.18  
7 Jirik, Cole 9 H/U-H 5:09.59  
8 Cole, Joshua 10 D-G-F 5:15.96

### 400 Meter Dash

1 Delage, Brandt 10 Crkstn 52.29  
2 Berhow, Gunnar Fer-B 53.47  
3 Haglund, Tory 10 LP-A 54.10  
4 Perez, Miguel 11 EGF 54.40  
5 Wayne, Brandon 10 D-G-F 55.92  
6 Ruebke, Lance 11 NormC 56.18  
7 Miller, Ben 10 EGF 56.66  
8 Armstrong, Steele 8 NormC 56.89

### 300 Meter Hurdles

1 Kallock, Jake 12 EGF 41.91  
2 Teeples, Philip 11 H/U-H 44.51  
3 Deng, Patrick 9 Crkstn 45.22  
4 Heitman, Luke 8 NormC 46.13  
5 Dufault, Trent 10 D-G-F 46.21  
6 Bittner, Ryan 12 Crkstn 47.61  
7 Schnathorst, Adam 9 EGF 47.72  
8 Jacobson, Seth 11 D-G-F 48.56

### 800 Meter Run

1 Pastor, Andrew Fer-B 2:08.04  
2 Seim, Tanner 11 EGF 2:08.40  
3 Ruebke, Mitchell 12 NormC 2:08.74  
4 Fuchs, Alex 10 D-G-F 2:09.01  
5 Hoven, Chase 11 NormC 2:12.46  
6 Carlson, Nick 12 H/U-H 2:14.98  
7 Geist, Andreas 12 Crkstn 2:15.36  
8 Mykleseth, Thomas 9 Crkstn 2:16.45

### 200 Meter Dash

1 Lutz, Adam 12 Pk Chr 23.79 1  
2 Reiswig, Simeon 12 Pk Chr 24.08 1  
3 Perez, Miguel 11 EGF 24.24 1  
4 Egeland, Jacob 12 Crkstn 24.43 2  
5 Haglund, Tory 10 LP-A 24.59 1  
6 Safranski, Isaac 11 D-G-F 25.13 1  
7 Tompkins, David 12 Pk Chr 25.19 1  
8 Brainard, Jacob 12 NormC 25.34 2

### 3200 Meter Run

1 Santos, Tony 11 D-G-F 10:46.42  
2 Kvalvog, Zach 9 Pk Chr 11:08.67  
3 Crook, Bailey 8 D-G-F 11:11.78  
4 Carlson, Nick 12 H/U-H 11:12.69  
5 Anderson, Sam 9 H/U-H 11:14.83  
6 Dorman, Ben 10 Crkstn 11:20.08  
7 Wilson, Daniel 7 D-G-F 11:28.88  
8 Berg, Jake 09 H/U-H 11:36.14

### 4x100 Meter Relay

1 East Grand Forks 45.83  
2 Crookston 45.88  
3 Park Christian 46.17  
4 Fisher/EGF Sacred Heart/C 49.17  
5 Dilworth-Glyndon-Felton 49.57  
6 Hawley/Ulen-Hitterdal 49.77  
7 Fertile-Beltrami 50.23  
8 Norman County 51.64

### 4x200 Meter Relay

1 East Grand Forks 1:33.61  
2 Dilworth-Glyndon-Felton 1:38.08  
3 Fertile-Beltrami 1:41.17  
4 Norman County 1:41.51  
5 Fisher/EGF Sacred Heart/C 1:43.51  
6 Lake Park-Audubon 1:44.49  
7 Hawley/Ulen-Hitterdal 1:44.78  
- Crookston DNF

### 4x400 Meter Relay

1 East Grand Forks 3:40.64  
2 Dilworth-Glyndon-Felton 3:44.59  
3 Norman County 3:49.84  
4 Fertile-Beltrami 3:51.08  
5 Crookston 4:01.37  
6 Lake Park-Audubon 4:04.07

### 4x800 Meter Relay

1 Norman County 8:42.19  
2 Dilworth-Glyndon-Felton 8:48.75  
3 East Grand Forks 8:50.58  
4 Crookston 9:24.15  
5 Lake Park-Audubon 9:24.49  
6 Fertile-Beltrami 10:01.85

### High Jump

1 Nickel, Hunter 11 Pk Chr 6-05  
2 Tollefson, Michael 11 D-G-F 6-03  
3 Ruebke, Mitchell 12 NormC 5-07  
4 Busby, Patrick 10 H/U-H 5-07  
5 Teeples, Philip 11 H/U-H 5-07  
5 Miller, Ben 10 EGF 5-07  
7 Seim, Tanner 11 EGF 5-05  
8 Hanson, Justin 10 LP-A 5-05

### Pole Vault

1 Jacobson, Seth 11 D-G-F 10-06  
2 Derosier, Quinten Fer-B 10-00  
3 Anderson, Weston 11 H/U-H J10-00  
4 Clark, Taylor 12 Fer-B 9-06  
5 Widrig, Jacboi Fer-B J9-06  
6 Klamm, Cody 11 Crkstn 9-00  
7 Sogge, Cole 12 D-G-F J9-00  
8 Brainard, Jacob 12 NormC 8-06

### Long Jump

1 Moberg, Matt 11 Pk Chr 20-04.00  
2 Regorrah, Josh 12 EGF 19-05.75  
3 Beyer, Taylor 12 D-G-F 19-00.00  
4 Ruebke, Lance 11 NormC 18-08.50  
5 Pearson, Isaiah 11 LP-A 17-07.00  
6 Egeland, Jacob 12 Crkstn J17-07.00  
7 Myers, Elliot 11 NormC 17-06.50  
8 Orthaus, Cole 9 EGF 17-04.00

### Triple Jump

1 Moberg, Matt 11 Pk Chr 42-10.0  
2 Ruebke, Mitchell 12 NormC 40-01.0  
3 Tollefson, Michael 11 D-G-F 39-08.0  
4 Beyer, Taylor 12 D-G-F 38-07.5  
5 Frydenlund, Grant 11 EGF 37-00.0  
6 Brekken, Blake 12 Crkstn 35-10.5  
7 Schwandt, Mark 9 Pk Chr 35-02.5  
8 Wagner, Seth 9 F/EGF SH 34-08.5

### Discus Throw

1 Boike, Alec 12 Crkstn 132-04  
2 Stanger, Matt 12 NormC 127-01  
3 Johnk, Derek 12 D-G-F 126-00  
4 Anderson, Travis 11 NormC 125-08  
5 Hefta, Michael 11 Crkstn 125-04  
6 Daugherty, Austin 11 Pk Chr 122-03  
7 Butcher, Brady 10 D-G-F 119-02  
8 Scheving, Brock 11 EGF 116-10

### Shot Put

1 Johnk, Derek 12 D-G-F 46-02.75  
2 Scheving, Brock 11 EGF 45-08.00  
3 Schroeder, Skyler 12 EGF 45-05.50  
4 Boike, Alec 12 Crkstn 44-09.50  
5 Altepeter, Jaden 12 F/EGF SH 43-06.50  
6 Daugherty, Austin 11 Pk Chr 43-03.00  
7 Sargent, Nik 12 NormC 41-04.00  
8 Stanger, Matt 12 NormC 40-10.00